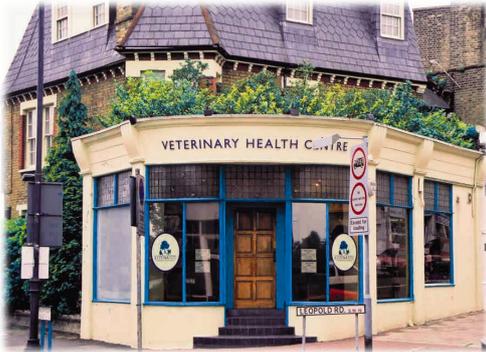


KYDD & KYDD NEWSLETTER



Winter 2016



Welcome to the winter edition of the Kydd and Kydd practice newsletter.

Practice facilities include

- Late night opening
- Modern surgical & medical facilities
- Full x-ray, ultrasound & dental facilities
- In-house laboratory
- In-house pharmacy
- RCVS accredited practice
- VN training centre
- 6 month health checks
- Nurses clinics
- Pets passports

OPENING TIMES AT KYDD AND KYDD

Monday	8am - 8pm
Tuesday	8am - 7pm
Wednesday	8am - 7pm
Thursday	8am - 8pm
Friday	8am - 7pm
Saturday	9am - 5pm
Sunday	CLOSED

A 24 hour emergency service is available by telephoning 020 8946 9925

EASY PARKING

FREE PARKING AVAILABLE IN STRATHEARN ROAD IN METERED BAYS BEFORE 11AM AND AFTER 3PM.

FREE PARKING IS AVAILABLE FOR UP TO 2 HOURS IN WAITROSE CAR PARK FOR CLIENTS OF KYDD AND KYDD (3 mins walk)

PET STORE

As part of our Biscuit & Paws range we now stock our own brand of **super premium life stage diets & supplements** for dogs & cats. A high quality complete dry food, veterinary approved, **hypoallergenic** and **grain free**. Our products are also very competitively priced!

A few winter tips and reminders

When out and about this winter, remember that whilst many dogs love playing in the cold and snow, slim fine coated breeds will find it much harder to conserve their body heat. These dogs may benefit from a winter coat such as our new range of 'For Paws' coats. If you like our harnesses, collars and leads, you will love the new coats which are stocked at our Biscuit & Paws shop or in the Kydd & Kydd pet store.

Pets housed outside (such as pet rabbits and guinea pigs) need extra special thought at this time of year. It is important to ensure that their hutches are warm, clean and dry and in a sheltered position. Bedding needs to be plentiful and changed daily; give them fresh food and water every day insulate and check the water bottle regularly to ensure it has not become frozen.

Road salt helps to make pavements safer for us but more dangerous for dogs. If your dog walks on salted or gritted pavements always wash its feet when you return home. Use tepid to cold water, washing with hot water will make the feet tingly and your dog will chew even more. If the paws look reddened or swollen or your dog is chewing at his feet obsessively, contact the surgery for advice.

Reminder about the dangers of Antifreeze.

As the winter weather sets in, more and more of us will turn to antifreeze to protect our car engines and remove the frost from our windscreens. It's really important to ensure that antifreeze is kept well out of the way of all cats and dogs as it is very poisonous for pets. Usually, toxic plants and products smell or taste unappealing and so pets are not so drawn to them. However, antifreeze has a sweet taste and is therefore quite tempting to our four-legged canine and feline friends. Sadly, intake of even the very smallest amount of antifreeze can be fatal. If you suspect that your pet may have ingested any toxic substance then it's important to contact the practice promptly.

Remember to check your wheel arches and to give your car bonnet a tap before you set off. Some cats like to hide in these sheltered and often warm places in the cold weather!

Christmas Opening Times

Christmas Eve	9am to 2pm
Christmas Day	Closed
Boxing Day	Closed
Tues 27th	Closed
Weds 28th	8am to 7pm
Thurs 29th	8am to 8pm
Fri 30th	8am to 7pm
New Year's Eve	9am to 2pm
New Year's Day	Closed
Mon 2nd Jan	Closed
Tues 3rd Jan	8am to 7pm

In the case of an emergency please telephone **0208 9469925** for instructions.



Be part of the Kydd and Kydd and Biscuit and Paws community and **Like** our Facebook page. Follow us and comment on our daily postings. We love to see pictures of your pets so email us a photo and we will add it to our photo gallery at reception. Tell us about your pet and we will post this and your photo on our Facebook page.



Kydd and Kydd Veterinary Health Centre 1-3 Leopold Road SW19 7BB

Tel: 020 8946 9925 Fax: 020 8947 6610 e mail: info@kyddandkyddvets.co.uk

FIND US ON THE WEB www.kyddandkyddvets.co.uk



Top diet tips for rabbit owners. What can my rabbit eat?

Hay is a vital part of your rabbit's diet, here's why:



Rabbits' teeth grow continuously (about 2mm every week!), so it's important their teeth are worn down by providing them with the correct diet – one that is abrasive and rich in fibre.

To prevent painful overgrown teeth and sharp spurs, ensure you feed your pet high quality hay, which will also provide them with the fibre they need for a healthy digestive system. Hay and grass should make up 85% of their daily diet and be given in unlimited supply. Hay, available for purchase comes in a variety



of colours and dryness – try and combine a few together to find one that your rabbit enjoys, but avoid yellow straw-like hay as it does not provide the nutritional value that the fresher, green bales do.

Pellets are a great way for your rabbit to get extra nutrients in their diet

Pellets are an important addition to your rabbit's diet as they contain a balanced amount of nutrients and fibre per pellet to meet your rabbit's daily needs.

Pellets should make up about 5% of your rabbit's daily diet. An average 2kg rabbit needs just one egg cup of pellets a day, bearing in mind that this type of food doesn't wear their teeth down. It's also not recommended to give them 'muesli' type feeds because rabbits often just pick out the bits they like, so they don't get the full range of nutrients needed. These 'mix' feeds can also contain a large amount of sugar and starch which may result in obesity.

Not all vegetation is good for your rabbit

Vegetables are also a key part of a rabbit's daily intake and should make up about 10% of their daily diet. Dark-green leafy vegetables are best and should be included every day, which encourage different chewing motions to maintain healthy teeth. Some recommended vegetables include: Asparagus, Basil, Broccoli, Brussel Sprouts, Cabbage, Courgette, Curly Kale.



However, there are also some vegetables and vegetation that your rabbit should avoid, these include, but aren't limited to: Bindweed, Elder poppies, Foxglove, Rhubarb leaf, Lettuce.

Fruit should not be a staple of your rabbit's diet

Fruits can be given as a treat for rabbits as they love the sweet flavour. However, you should be cautious not to give too much as it can unbalance their stomach bacteria due to high levels of sugar. Apples, pears, strawberries and grapes are among some of the best fruit for your rabbit, but this should be limited to a maximum of two tablespoons per day.

How should you feed your rabbit?

Rabbits love to forage so don't feel like you have to feed them from a bowl – try hiding their food around their hutch and outside enclosure to keep them busy.

Alongside this, bunnies love to chew and strip bark, so provide them with small, fresh branches from fruit trees to keep them entertained.

Lastly, remember to provide your rabbit with a constant supply of clean, fresh water every day to keep them hydrated and healthy.

Practice News!

- Early in 2017, Kydd and Kydd will be offering **Pet Health Care Plans** to help you budget for your pet's routine veterinary health care and treatment. More news about this new development to follow soon.



Congratulations to **Nurse Emma** who has completed her canine massage course and successfully passed the associated exams. This is a two year course involving many hours of practical work and theoretical study.

Canine massage is gaining recognition as a beneficial modality for many ailments including chronic pain, osteoarthritis, prolonged recumbency and post surgical recovery. If you would like to find out more about canine massage, please ask to speak to Emma Young RVN.



Nurse Amie (our lead clinical coach) is progressing well with her canine grooming course at Merrist Wood College Guildford. An extra string to her bow! This is an area that Amie has been interested in exploring for some time.

